

anchor house RIDE FOR RUNAWAYS

2010 Application and Ride information

the house

Anchor House is a multi-service agency serving runaway, homeless, abused and at-risk youth and their families. Since 1978, the Trenton, NJ-based organization has provided comprehensive, life-saving assistance to our most vulnerable population.

Anchor House services include:

- ▲ Separate emergency care for newborns through age 12 (Angel's Wings) and for young people ages 10 to 17 (Anchor House Shelter)
- ▲ Transitional living program (Anchorage) for ages 18 to 21
- ▲ A supported permanent apartment program for homeless young adults ages 18-21
- ▲ Outreach Center
- ▲ School-based crisis intervention and counseling
- ▲ Teen and parent support groups
- ▲ Violence prevention counseling groups
- ▲ Community education and awareness presentations about young people in crisis
- ▲ Family Support Program

the ride

Every year for more than three decades, bicyclists have taken to the road to raise money for Anchor House. Thousands of cyclists of all ages and ability levels, along with friendly, hard-working support crew members have raised millions of dollars participating in the event.

details

Dates: July 10-17

Departure: Charlottesville, VA.

Length: 500 miles, seven days

Average daily mileage: 70

Terrain: Rolling to hilly

Transportation: Bused to departure, bikes transported by Air Ride trailer

Accommodations: Hotels.

Free if four to a room.

Other rooming options available; reservations made by Anchor House

Fees and fund-raising:

\$100 to apply; must raise minimum of \$750 in pledges

More info:

www.anchorhouseride.org

All participants must be 18 years or older

RIDER SUPPORT VETERAN FIRST TIME NUMBER OF YEARS ON RIDE _____
(including the 2010 Ride)

LAST NAME _____ FIRST NAME _____ MI _____

NAME AS YOU WISH IT TO APPEAR ON NAMETAG _____

MAILING ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE NUMBERS Home _____ Work _____ Mobile _____

E-MAIL ADDRESS _____

DATE OF BIRTH _____ MALE / FEMALE (Circle one) T-SHIRT SIZE _____

EMPLOYER _____

EMERGENCY CONTACT _____ PHONE _____

CHECK HERE IF YOU WOULD LIKE ADDITIONAL INFORMATION ABOUT ANCHOR HOUSE PROGRAMS AND SERVICES

PLEASE TAKE THE TIME TO REVIEW THIS IMPORTANT INFORMATION BEFORE SIGNING AND RETURNING YOUR APPLICATION

In consideration of being accepted as an Anchor House Ride for Runaways participant, I, the undersigned, intending to be legally bound, do hereby for myself, my heirs, executors, administrators or assigns, waive, release and forever discharge any and all rights and claims I have against Anchor House Inc., the Anchor House Foundation, the officers, members, sponsors or any other persons connected with the Anchor House Ride for Runaways, from any liability from my injury, illness or death sustained as a result of my participation in any activities associated with the Ride For Runaways.

If a rider, I warrant that I am in good physical condition and will train sufficiently for a 500-mile ride over rolling and hilly terrain. I have no disabilities that will affect my ability to ride. I agree to wear an approved bicycle helmet while riding on the Ride for Runaways and on any official Anchor House training rides. I am competent to ride safely and I agree to obey all laws of the states in which I ride and adhere to safety guidelines established by Anchor House.

In my personal department, I will respect the good reputation of Anchor House and will behave in a way that reflects well upon the House and Ride. I understand that if I choose not to follow the rules of the road or if I engage in any behavior that reflects poorly on Anchor House, I can be removed from the Ride at any time. I understand that I am required to raise at least \$750 in pledges for the Anchor House Foundation. I agree to be photographed and filmed during the Ride and related events for promotional purposes related to the Ride and Anchor House.

X _____

Mail To: Anchor House Foundation / P.O. Box 2357 / Trenton, NJ 08607-2357

Application Deadline: March 5, 2010

Application Fee: \$100

Questions? (609) 278-9495

Pledge minimum: \$750



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